

# Individually Guided Retreats

*In the Netherlands*

Would you like to enjoy some time of rest and prayer, some time to simply enjoy “being” in Gods presence? Then this might be just what you are looking for.

Throughout 2021 I can offer you several possibilities for individually guided retreats in the Netherlands. During the following periods the community called “Gemeenschap De Hooge Berkt” in Bergeijk will reserve four rooms at their retreat center especially for cross-cultural workers:

- 9 - 14 February
- 13 - 18 April
- 8 - 13 June
- 3 - 8 August
- 5 - 10 October
- 7 - 12 December

### What is an individually guided retreat?

An individually guided retreat is a ‘tailor-made’ retreat. We will be meeting for a daily chat of up to 45 minutes. Listening to where you are at in your relationship with God suggestions for prayer and Scripture passages will be chosen according to your particular situation and needs. The rest of the time will be spent in silence, including meal times.




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He said to them: “Come with me by yourselves to a quiet place and get some rest.”

Mark 6:31

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### Length and Language

You can choose the length of your retreat (between 2 and 6 days). Retreat guidance can be offered in Dutch, English or Arabic.

### Cost

€ 35 per person per day for a single room and full board; € 25 per person per day for the retreat guidance. If costs are a problem, please let me know and we can arrange a partial grant for you.

### Address Gemeenschap de Hooge Berkt:

Hooge Berkt 16, 5571 TH Bergeijk, the Netherlands. Website (Dutch): <http://www.hoogebekkt.nl/>

### More information:

Do you have questions or do you want to register, please contact me:

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### Who is your retreat guide?

**Annieke van Dijk** – From 1993 till 2013 I lived in Jordan. The first 12 years I worked as a medical doctor at anNoor Sanatorium for chest diseases in Mafraq. During a Sabbatical in 2006 I took training for Spiritual Accompaniment in the UK. After returning to Jordan I then worked part-time as a doctor at Hope Clinic for the Poor in Amman. At the same time I started to offer retreats and spiritual accompaniment to cross-cultural workers in Jordan and other countries in the Middle East. I was also actively involved in setting up a Member Care network in Jordan. In 2013 I returned to the Netherlands where I now work as Member Care coordinator for Interserve Netherlands.

