

# EMCC 10 – Going and Growing: Mission and Member Care

## Plenary Synopses

### **1 – Going and Growing as families in mission (Ulrika Ernvik)**

Going in mission as a family can bring a beautiful time of growth and deepened relationships within the family. But it can also end in confusion, conflicts and broken relationships. What are the secrets to healthy family life during transition and on the field, and how can we as Member Care providers support families?

### **2 – Going and Growing as singles in mission (Tim Herbert)**

Single mission workers represent a large proportion of the missionary workforce. However up to 30% are discontent with their single status (and how others treat them) and if unaddressed this discontent can come to dominate their self-awareness to such a point that it can make their life and ministry extremely hard. So how do Member Care workers help to address issues that impact negatively on singles, and help them to thrive and cheerfully use their unique gifting for God?

### **3 – Going and Growing as teams in mission (Sarah Lanier)**

Some keys to successful intercultural and monocultural teams. What leaders need to know in forming and leading strategic teams. Looking at Jesus's style of leading his team, and raising up leadership along the way.

### **4 – Going and Growing as a community in mission (Harry Hoffmann)**

God places us into communities, into "Circles of Relationships". Missionaries today have an enormous amount of those circles for different purposes. These communities are distributed geographically (local, regional, globally) and virtually. Using the Member Care Model of the Pyramid of Care, we will look the caring aspect of communities, its potential, realities and failures.

## Workshop synopses

### **Stream 1 – FOUNDATIONS OF MEMBER CARE**

#### **A) Selection (Marion Knell) - Tuesday**

The purpose of Member Care - Areas to address at selection? - How can we do it? - Working with the sending church - Identifying training needs - Case studies – singles, families

#### **B) Support & Development (Marion Knell) - Wednesday**

Pre-departure Briefings - Onfield Orientation - Working in teams - Planning for Home Assignment - Case Studies – Post Arrival, Teams, Home Assignment

#### **C) Reentry & Re-Integration (Marion Knell) - Thursday**

Factors in Re-entry - Issues at Re-entry - Preparation for re-entry - Local church and re-entry - Case studies

## **STREAM 2 - RELATIONSHIPS**

### **D) Conflicts in the family (Ulrika Ernvik) - Tuesday**

During stress conflicts rise. Transitions and culture adjustments mean stress. How can families reduce the amount of conflict? How can conflicts be used to deepen the connections between family members? How can joy and grace fill family life?

### **E) Conflicts in the church & the community (Harry Hoffman) - Wednesday**

All participants please bring a personal conflict situation to this workshop. I will help you to creatively visualize and look at your conflict from different perspectives: systemically, the event and the issue, your internal and external responses over time, nine conflict development stages, typical Christian responses and alternative options for responses or resolutions. The activities will give you the freedom to keep identities and locations anonymous.

### **F) Conflicts in teams (Sarah Lanier) - Thursday**

Keys to working with differences, and resolving tensions before they become conflicts. We will look at the issues that arise in culturally mixed teams, the dynamics of power between members, and expectations of leaders.

## **STREAM 3 – GOING AND GROWING**

### **G) Going and growing through suffering (Annemie Grosshauser) - Tuesday**

Suffering is a natural part of life, it started in Genesis. It includes the breadth of human experience in the context of a fallen world. And in terms of our commitment, the Lord teaches us that following Him will involve suffering. In this workshop we will look at suffering in the context of affliction, persecution and at the consequences in our lives as well as the circumstances and opportunities for growth. Through input and group work we will explore how we can be better prepared for trials, how we can build spiritual, emotional and physical resilience and how we can better support one another in challenging places. Please bring your questions and resources that you have found helpful in this context!

### **H) Dealing with stress and depression in long-distance therapy (Maria Techow) - Wednesday**

In this workshop we will be looking at different ways of working with passionate personality-enhancing growth and personal development while also considering the stress and risk factors involved in helping people. The workshop will introduce different therapeutic and theoretical methods in the treatment of stress and depression, applying insights from cognitive-behavioral therapy, schema-therapy, motivational theories and attachment theories. We will also be looking at advantages and at challenges in long-distance therapy.

### **I) Self-care in crises (synopsis not available for security reasons) - Thursday**

## **STREAM 4 - GROWING TOWARDS MATURITY**

### **J) Growing towards maturity (Andreas & Ulrike Rüggeberg) - Tuesday**

Have you ever experienced this: You keep making the same mistake over and over, although you are trying so hard to overcome it? These negative life patterns (also called life traps) affect our relationships to other people and to ourselves. They can lead to depression, low self-esteem and destructive behaviour. In our workshop we will learn how to grow into the healthy adult person that God intended us to be. The schema model (a new development in psychotherapy) can help us take a good look at our past, understand the patterns and explore new ways of growing into personal and spiritual maturity.

**K) Growing towards maturity as couples (Andreas & Ulrike Rüggeberg) - Wednesday**

Does this sound familiar: Early on in marriages the differences between yourself and your spouse were exciting and attractive, but after a while they have become boring or even annoying? Even small things can trigger mutual over-reactions leading to a destructive cycle in your relationship. Both of you suffer, nobody wanted it, but you can't really find the way out. In our workshop we will learn to understand how the destructive cycle works and how it can be broken and healed. (The content can also be applied to other relationships, e. g. work-related or parent/children.)

**L) Growing in maturity in relations with children (Inger Bang Carlsen) - Thursday**

The relations between children and their caregivers are essential for the children's development and interaction with others. The way we understand our own lives influences the way we understand the children and the opportunities available to them. How can we build relations founded on mutual respect, trust, confidence and empowerment? How do we use the values we find most important, our experiences, resources and beliefs, in ways which can support development in children, and at the same time give us as caregivers a possibility to grow in insight and maturity? There will be an introduction to the topic, and time for reflections and discussions in plenary and in smaller groups.

**STREAM 5 – TRENDS IN MISSION**

**M) New Media (Hartmut Stricker) - Tuesday**

**N) Why Generation Y is needed to change the world (Evi Rodemann) - Wednesday**

In today's world, how can we as mission leaders motivate and call young Christians to follow Christ and his mission? First we need to understand some Generation Y characteristics before we will together look at the tough questions and barriers on reaching them as well as how to help them find their calling in this world. The influences of secularism and plurality will be addressed while we explore the impact on the churches and mission agencies. Finally we will look at some keys to engage them.

**O) Spiritual formation and resilience (Jonathan Ward) - Thursday**

This workshop will look at the spiritual dimension of resilience and will seek to underline the importance of spiritual formation as a contributing factor to increasing resilience among the missionary community. How can we help and encourage missionaries to attend to the need for spiritual formation in their lives? In what ways does spiritual formation contribute to resilience? What biblical examples do we have in this area? What does the research suggest? And what does our own experience indicate?